the Weekly Update

TriHealth News Cascade

February 4, 2020

LEADERSHIP VISION



Hi Team!

The start of February marks the beginning of our celebration of **Black History Month**. As you know, our commitment to diversity is grounded in our TriHealth Values – both in our pledge to *Respect All People* and in our promise to *Value Differences*. Black History Month provides us yet another opportunity to demonstrate these values in action as we celebrate the significant contributions of African Americans throughout our country's history – which we'll do in many fun and meaningful ways all month! Look for weekly updates and features on Bridge – and

click here to see this week's feature on Cincinnati's African American Medical Pioneers.

Another important celebration born from staying true to our values is **TriHealth's 25th Anniversary as a health system!** In 1995, Bethesda and Good Samaritan Hospitals joined forces to form TriHealth, bringing two of Cincinnati's finest healthcare organizations together to embark on a values-led mission to build an integrated, regional system of care to improve the health status of the people we serve.

We can attribute much of our enduring success to the strong roots and inspirational founding leadership provided by Sister Myra James Bradley and Tom Wilburn, whose respective healthcare organizations shared common missions and values, and an aligned, bold vision for the future – a vision they knew could only be realized by putting "legacy" interests aside and truly working together as one system. Sister Myra was President and CEO of Good Samaritan from 1991-1998, and was known for her magnetic personality and charismatic leadership style that was evidenced in her strong commitment to excellence, compassion, and community service. Tom Wilburn served as CEO of Bethesda Hospitals for 24 years, and then became the first President and CEO of TriHealth – a role he served in until he retired in 1998. Tom passed the torch to my predecessor, John Prout, whose 17-year tenure as TriHealth President and CEO was marked by a period of rapid growth and expansion of the system. Few individuals have made such a lasting impact on the community and its health as have Sr. Myra, Tom Wilburn, and John Prout. These visionary leaders and their commitment to faith and mission-based healthcare – along with their early focus on the Triple Aim of better care, better health, and better value – put TriHealth on a long-term path to both reshape healthcare throughout the Greater Cincinnati Region and emerge as a national model for getting healthcare right.

As we look ahead, we can feel confident knowing that without a doubt, we have the right team, the right plan, and the right momentum to continue to lead the way in getting healthcare right for the next 25 years and beyond! **THANK YOU** for all you've done and continue to do to stay true to our healing ministry as we together work to fulfill our sacred mission of improving the health of the more than 500,000 members of our community we are privileged to serve! Be sure to take part in all the 25th Anniversary celebrations happening this year in honor of you, our founders, and all those who have made this milestone possible – you'll find details and updates on Bridge.

TriHealth Completes 15th Leadership Development Institute (LDI). Last week, more than 800 TriHealth leaders took part in our 15th quarterly LDI themed, "ONE System, ONE Vision, ONE Leadership Voice." The two-day session introduced leaders to new LEAN process improvement principles and tools, and equipped them to be better communicators and even more responsive leaders – all to foster improved communications and stronger teams. As always, expect to hear from your leaders soon about what they learned and what it means to your team and your local efforts to master and hardwire The TriHealth Way – *as ONE* – all to better serve our patients and community!



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Cheers to 30,000 Bright Ideas!

Great work, TriHealth! Check out some of these cool ideas in the <u>Bright Ideas FY19 Wins Brochure</u>. <u>Leaders</u>. Take a look at the new and improved moderation experience for evaluating your team's bright ideas (click <u>here</u> for tip sheet). The enhanced Moderation Dashboard is now up and running!

Good Sam Hospital Celebrates Milestones in Physician Education

On January 23, Graduate Medical Education at Good Samaritan Hospital welcomed guests to view their new wall displays, celebrating over 160 years of physician education. Housed entirely on the third floor of Dixmyth Tower, the halls of Medical Education have become a walk through time as important figures in the history of Good Samaritan, Bethesda North and TriHealth are honored for their contributions. Visit <u>Bridge</u> for more details, including a photo gallery.

LifeStyles Weekly Health Tip

It's not too late to join LifeStyles for the White-Out Challenge! This 4-week challenge is all about reducing our intake of "white" foods – added sugars, salt, and processed carbohydrates. Log onto the Wellness Portal at trihealthlifestyles.com and click the White-Out Challenge Banner for more information and to register. Once you've registered, go ahead and click the Week 1 Banner to get started!

Quarterly Flash Mentoring Opportunities Continue in 2020

Quarterly Flash Mentoring sessions will be offered in 2020 at different TriHealth locations. The first session of the year will be held February 13, 8:30-10 a.m. at Bethesda North. Flash Mentoring is a great way to learn from our leaders in a relaxed atmosphere, network with team members, and gain guidance balancing work and personal lives, handling conflict, advancing internally, and so much more! Visit <u>Bridge</u> for more information.

Total Rewards: Special Showing of "Annie Jr."

As part of TriHealth's Total Rewards package, team members have the opportunity to see a special showing on February 28 of the Children's Theatre of Cincinnati's Dress Rehearsal of **Annie Jr.** at a discounted rate! Visit <u>Bridge</u> to RSVP and for more details.

Weekly Huddle Message: Complete the SOAR Week Challenge

Happy SOAR Week! We are using this week to reconnect to the values and tools that make the TriHealth Way a reality. Complete the <u>SOAR Week Challenge</u> each day for a chance to win DAILY prizes, plus a GRAND prize for one lucky winner who completes each activity! Visit the <u>Bridge SOAR page</u> for more information.