the Weekly Update

TriHealth News Cascade

December 3, 2019

LEADERSHIP VISION



Hi Team!

Wow – what a few weeks it's been for TriHealth in the news! The word is getting out what amazing care is provided by our over 12,000 team members and physicians!!!

For the first time ever, local television station and CBS affiliate Channel 12 has produced and aired a documentary to explore timely healthcare issues by highlighting the work of one of the region's health systems. Titled "Saving Life," this commercial-free, 30-minute

program focuses exclusively on TriHealth and how we deliver the best, safest – and, in many cases, lifesaving – care to each and every patient. And on Sunday, ABC's Good Morning America nationally broadcast a story of the lifesaving cardiac care provided to one of our patients at Good Sam.

From cutting-edge technological and surgical advances to the latest breakthroughs in screenings and genetic testing to prevent the onset of disease and illness, the documentary tells the stories – from perspectives of our own patients and providers – of how TriHealth is leading the way in caring for the Greater Cincinnati community. "Saving Life" also highlights TriHealth's work in developing innovative care and financing models to shift from a traditional disease-focused delivery system to one that promotes health and wellness – allowing TriHealth doctors and team members to deliver the right care at the right time to produce the right clinical outcomes. A link to this exciting documentary is included below, and I encourage you to watch it at your convenience.

I want to offer a special shout-out to the physicians and team members who participated in the documentary and the Good Morning America story: Andy Ringer, MD; Doug Adams, MD; Gaurang Gandhi, MD; Brian Kuhn, MD; Puvi Seshiah, MD; William Martin, MD; Kevin Joseph, MD; Shalonda Greene, RN; Clinical Nurse Leader Denise Krabbe; Genetic Counselor Karen Huelsman and Rev. Frank Nation, as well as Freidoon Ghazi, MD, and the staff of Good Sam.

I hope you enjoy "Saving Life" and the Good Morning America story as much as I did, and encourage you to spread the word to your colleagues, patients, family and friends so they can see how TriHealth is making a difference in the lives of our patients and the community — every day, one patient at a time.

Saving Life Link: https://local12.com/health/saving-life/saving-life-trihealth-cincinnati-wkrc

Good Morning America Link: https://www.goodmorningamerica.com/wellness/video/emotional-reunion-man-quick-thinking-nurse-saved-life-67415869

Related WLWT Link: https://www.wlwt.com/article/unidentified-nurse-saves-man-with-heart-emergency-then-disappears/30048359



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Enjoy a Holiday Celebration Meal

Don't forget, our annual holiday team member meals kick off next Monday, December 9 and run through December 20. Check the site-specific schedule on Bridge for a listing of dates, times and locations for your holiday meal. Happy Holidays!

Living Our Values Award Winners

Congratulations to the <u>ten exceptional team</u> <u>members</u> who were recognized for inspiring others to live out the TriHealth Way.

Nominations for the Living Our Values Award can be submitted at any time via <u>Appreciation Station</u>.

LifeStyles Holiday Health Tip

The "buffet-style" serving system can be a significant challenge during the holidays, but following a few simple tips can help you beat the buffet:

- Ensure at least one nutritious choice is available by contributing a healthy dish such as a fruit salad or roasted veggies.
- Enjoy "comfort" foods and drinks by taking smaller portions.
- Say no to food pushers (politely).
- Move socializing away from the buffet or appetizer table to prevent mindless eating.

Giving Tuesday 2019

Today is Giving Tuesday, an internationally recognized day of charitable giving. Please join us in making this holiday season bright for our patients, team members and community members by giving to the One Campaign. Your support helps those in need during the holidays – click <u>here</u> to give online. Thanks to all those who have supported the 2019 One Campaign!

Still Time to Win Big with Bright Ideas

All Bright Ideas approved by December 15 are eligible to win a \$100 gift card. Multiple prizes are being awarded, with four \$250 Grand Prizes! Your ideas are valuable and continue to help TriHealth move from *Good to Great!* Contest details, the winner list and Bright Ideas resources are available on <u>Bridge</u>.

Weekly Huddle Message: Mission Moment

During the holiday season our SERVE values guide our care for a diverse community of patients, families and team members by Respecting All People, Differences and our own Spiritual Heritage. This <u>link</u> will provide posters describing a few of the many holidays taking place during this season: Advent, Christmas, Hanukkah, Las Posadas, Kwanza and Hajj. Blessings to you and those you care for during this sacred season of the year.

- Rev. Frank Nation, VP of Mission