



**CANCER SUPPORT
COMMUNITY**
GREATER CINCINNATI-
NORTHERN KENTUCKY

Calming Yoga for You @ TriHealth Fitness & Health Pavilion

Tuesdays @ 2:30-3:30pm beginning Sept 10!

WHEN: Tuesdays @ 2:30-3:30pm
beginning September 10, 2024

WHERE: TriHealth Fitness & Health Pavilion
6200 Pfeiffer Road | Montgomery, OH 45242

HOW: In-Person

WHO: Anyone affected by cancer and their
loved ones

CLICK [HERE](#)
OR SCAN
FOR INFO!



In collaboration with



Join certified Yoga instructor Diana Guy and explore the benefits of traditional yoga practice! Energizing, calming, simple movements, spacious breathing and a soothing deep relaxation!

REGISTER: Visit MyCancerSupportCommunity.org, call 513.791.4060 or scan QR Code!