

# Lung Health Event: **Lung Cancer Awareness**

## Free Community Health Fair

Saturday, November 4, 2023 | 8 a.m. – 12:30 p.m

TriHealth Fitness & Health Pavilion

*Registration, 8 – 9 a.m.*

Join us for a day devoted to the powerful benefits of a healthy lifestyle on your lungs! This event will include a FREE fitness center guest day, fun hands-on activities, and physician talks. Take a tour through a giant inflatable MEGA® Lung and interact with 3D lung apps and more than 30 exhibitors! For more information visit [TriHealth.com/FitnessPavilion](https://TriHealth.com/FitnessPavilion) or call 513 985 0900.

### Lectures

#### Lung Screening Saves Lives

Craig Eisentrout, MD Pulmonology

#### Advances in Robotic Surgery

Eric J. Okum, MD

Cardiothoracic Surgery

#### The Truth about Smoking vs. Vaping

Dorionne Whitaker, CNP

Pulmonology

#### Genetics in Lung Cancer

Karen Huelsman, MS, LGC

#### Firefighters Health and Wellness

#### Program — Protecting the Protectors

Kevin Hardwick, Fire Chief OFE/OFC

Alfie Jones, Fire Chief OFE

### Activities

#### 'Turkey Trot' walk/run & 'Gobbler Crawl' for Kids

On the 1/2 mile outdoor trail

#### Chair Yoga

Studio A

(max. 25 participants)

#### Live Cooking Demo with Dietitian

Meeting Room A

### Exhibitors

#### MEGA® Lung tours

Visit exhibitors and win raffle prizes!



TriHealth Fitness & Health Pavilion

6200 Pfeiffer Road at I-71, Cincinnati, OH 45242

**Be seen. Be heard. Be healed.™**

Sponsored by:



**TriHealth**  
Cancer & Blood Institute

# Lung Cancer Awareness

## Schedule of events

### Lectures - Ask the Experts

Time	Room	Topic	Speaker
9 - 9:45 a.m.	Meeting Rooms A&B	Lung Screenings Saves Lives	Craig Eisentrout MD, Pulmonology
10 - 10:45 a.m.	Meeting Room A	Pulmonology Advances in Robotic Surgery	Eric J. Okum, MD Cardiothoracic Surgery
10 - 10:45 a.m.	Meeting Room B	The Truth about Smoking vs. Vaping	Dorionne Whitaker, CNP Pulmonology
11 - 11:45 a.m.	Meeting Room B	Genetics in Lung Cancer: How Tumor Testing is Revolutionizing Treatment and Personalizing Care	Karen Huelsman, MS, LGC
Noon - 12:45 p.m.	Meeting Room B	Firefighters Health and Wellness Program – Protecting the Protectors	Kevin Hardwick, Fire Chief OFE/OFC Alfie Jones, Fire Chief OFE

### Activities

Time	Location	Activity
11 a.m.- 1 p.m.	On the 1/2 mile outdoor trail	'Turkey Trot' 5K walk/run & "Gobbler Crawl" for kids
11 - 11:45 a.m.	Studio A	Chair Yoga ( <i>max. 25 participants</i> )
Noon - 12:45 p.m.	Meeting Room A	Live Cooking Demo with Dietitian

### Group Fitness Classes (Ages 14 and Older)

- Enjoy regularly scheduled classes as part of FREE guest day!
- Visit [TriHealth.com/FitnessPavilion](http://TriHealth.com/FitnessPavilion) for class schedules

### Free Guest Day (7 a.m. to 5 p.m.)

- Open to the public
- 2-hour free child care available for ages 6 weeks to 13 years, 8:30 a.m. - 1 p.m. (*Register ahead at 513 246 2615*)

### Fun Demos, Exhibitors & Tours

MEGA Lung Tours  
Interactive Lung Anatomy Display  
5-Minute Chair Massages  
Food Truck: BOL Acai Bar  
Gabby's in the Cafe

Raffle Prizes - earn chances  
for each lecture attended for  
a chance to win:  
Fitness Basket  
Celebrate Fall Basket  
Family Fun Basket

#### Exhibitors

TriHealth Cancer and Blood Institute  
TriHealth Corporate Health  
First Responders Awareness  
TriHealth Precision Medicine  
TriHealth Rejuvenation Center  
TriHealth Sleep Center  
American Lung Association  
AmeriHealth Caritas  
AstraZeneca  
Cancer Family Care  
Firefighters FACE TEAM  
Jazz Pharmaceuticals  
Lilly Pharmaceuticals  
& others!

