



**HOSPICE OF  
CINCINNATI**



**GOLDSTEIN FAMILY  
GRIEF CENTER**

PROMOTING HEALING FOR LIFE AFTER LOSS

# **SEPARATION DURING COVID:**

## **SUPPORT FOR FAMILIES AND CAREGIVERS OF LONG TERM CARE RESIDENTS DURING COVID**

Hospice of Cincinnati is offering a seminar via Zoom to support caregivers and families as they continue to cope with separation from loved ones in a long term care facility due to COVID.

The session, led by grief counselors and chaplains, will focus on:

- Losses associated with extended separation.
- Coping techniques including rituals from various faith traditions and mindfulness practices.
- Steps caregivers and families can take to remain connected during this time.

This workshop is free and open to the public.

(You do not have to be a current Hospice of Cincinnati family to participate)

**Thursday, March 4<sup>th</sup> 2021**

**5:00pm-6:15pm**

*Event held via Zoom*

**Registration is required.**

#### **About HOC Navigators-**

Our programs include Hospice of Cincinnati, PalliaCare Cincinnati, Hospital and Clinic-Based Palliative Medicine, Conversations of a Lifetime, Social Connections, and the Goldstein Family Grief Center. Fernside, a 501(c)(3) organization, is an affiliate of Hospice of Cincinnati. Hospice of Cincinnati is a non-profit hospice sponsored by Bethesda Inc. in a collaborative community partnership with TriHealth and Bon Secours Mercy Health.

*For more information and  
to register please email:*

**[BereavementReferral@TriHealth.com](mailto:BereavementReferral@TriHealth.com)**