

## COVID-19 LOSS SUPPORT GROUP

Coping with the death of a loved one is challenging no matter when the loss occurs. However, those who have experienced the death of a loved as a result of Covid are facing even greater challenges coping, grieving and mourning their losses.

A new 6-week support group is being offered specifically for those who have lost a loved one to Covid-19. This group is designed to connect and support those who are navigating this unique grief.

While we are not able to gather together in the same physical space during this time, we will join together with one another virtually. The group is open to the community and will be held using the Zoom application.

Next Support Group Begins March 16<sup>th</sup> and will meet from 12:00pm-1:00pm for 6 weeks.

Additional groups will be added as needed

Event held via Zoom Registration is required.

For more information and to register please email:

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